



Certificate of Publication

This is to certify that the paper entitled
Meditation – The Means of Personality in the Light of Bhagavadgītā

Authored By **Dr. Gisha. K. Narayanan**

is published online in www.universitypublication.in

Paper Link: <https://universitypublication.in/2021/05/08/meditation-the-means-of-personality-in-the-light-of-bhagavadgita-dr-gisha-k-narayanan/>

Page No: 69-73

VOL-1: ISSUE 3 **MAY 2021**

Insight: An International Multilingual Journal
for Arts and Humanities
Peer Reviewed and Refereed
ISSN: 2582-8002
University Research Publications,
Ernakulam, Kerala
Email: editor@universitypublication.in



[Handwritten Signature]

EDITOR IN CHIEF
INSIGHT: AN INTERNATIONAL
MULTILINGUAL JOURNAL FOR
ARTS AND HUMANITIES
ISSN- 2582 - 8002

Volume 1: Issue 3

MAY 2021

ISSN: 2582-8002



INSIGHT

AN INTERNATIONAL MULTILINGUAL
JOURNAL FOR ARTS AND HUMANITIES

PEER REVIEWED AND REFEREED

University Research Publications



INSIGHT: AN INTERNATIONAL MULTILINGUAL JOURNAL FOR ARTS AND HUMANITIES

VOLUME 1; ISSUE 3 MAY 2021

Table of Content

SL.No	Title	Page No
1.	ശാസ്ത്രീയ രംഗങ്ങളുടെ ആസ്വാദനം : പ്രവേശക പക്ഷത്തു നിന്നുള്ള ചില നിരീക്ഷണങ്ങൾ നളിനി.സി.പ്രഭാ	1-10
2.	Socio- Cultural Elements and References Reflected in the Play Nāgānanda of Śrīharya Parvathy	11-26
3.	Educational Backwardness among Coastal Area Children in Kerala: A Social Analysis Josna K V	27-44
4.	Fallacy of Svaras Suresh Kumar	45-49
5.	The Concerns and Politics of Translation : Translation of Rita Chowdhury's <i>Makam</i> Orisha Gogoi	50-63
6.	Cultural Practices of Samantha Kshatriyas in Kolattunadu Aishwarya V.T	64-68
7.	Meditation – The Means of Personality in the Light of <i>Bhagavadgītā</i> Dr. Gisha. K. Narayanan	69-73